## **Non-Offenders**

**PROGRAM** 

100 Fifth Avenue **Suite 1200** Pittsburgh, PA 15222



## **Welcome To Non-Offenders**

Welcome to the Non-Offending Program at Crisp Forensic Counseling. This program is designed for individuals that may have someone in the family where abuse allegations exist, or a person you know has been arrested/convicted of an offense that pertains to a child, to help educate the responsible parties (non-offending individuals) for the safety of the children in the family and children in the community.

Most likely if you are taking this program the Office of Children, Youth, and Families, Family Division Court, and/or Parole and Probation suggested you complete this program to keep you, your children, and children in the community safe. Also, to be aware of the indicators (i.e., Red Flags) that may be present with an individual suspected of inappropriate sexual behavior, neglect, and/or physical and emotional abuse. The Non-Offenders Program will assist you in becoming more knowledgeable regarding protective capacity, the offense cycle, and safety planning.

## **Session Topics**

The following topics may be discussed pending the reason for your specific referral:

- Relationship History / Genogram
- Thinking Errors
- Cognitive Distortions
- Defense Mechanisms
- CBT Cognitive Process

- Offense Cycle
- Recognizing Abuse and Neglect
- Protective Capacities
- Relapse Prevention
- Safety Planning





